



In this week's bulletin:

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KS1 Chance to Shine Engagement Day

The children in KS1 are looking forward to an exciting day next Tuesday. A coach from the Gloucestershire Cricket Foundation is coming into school to deliver a 45 minute 'chance to shine' cricket coaching session to each year group in KS1. The sessions inspire children to be excited about the sport, teach pupils how to play cricket and ensures that they learn academic and life skills whilst they take part. Chance to Shine is a national charity on a mission to spread the power of cricket throughout schools and communities. Look out for some photos and videos on Class Dojo next week!

Miss Thomas
KS1 Lead

Air Quality

As many of you may have noticed, we have recently had Molly – an air quality monitor – installed in front of our school to measure the levels of pollutants in the air.



Air pollution disproportionately affects children as they are lower to the ground, and therefore closer to exhausts, their lungs are smaller and still developing and they also breathe at a faster rate in comparison to adults. Molly will be with us over the coming months to measure the pollutants in the air, with the aim of reducing these to make the air around our school as clean as possible.

To play your part in reducing pollution at our school, please travel to school actively where possible (walking, scooting, cycling etc). If you live far away and this is not feasible, then please park further away and walk the remaining distance to school to keep the air surrounding our school as clean as possible, which is important for the health of all our students.

Finally, a quick note on idling. Idling refers to leaving your engine running while the vehicle is not moving. For every 1 minute that a car idles, it releases enough emissions to fill 150 balloons! There are many myths surrounding idling (it's better for your engine than turning it on and off) but all of these have been shown to be untrue for modern cars. Please ensure that if ever you are waiting outside the school in your car, the engine is off.

Thank you,
Mrs Hatton
Eco Ministry Lead

Upcoming Dates

Monday 27th January

Thursday 30th January

Thursday 6th February

Monday 10th February

Tuesday 11th February

Wednesday 12th February

Thursday 13th February

Friday 14th February

Parent Workshop – Air Quality Education at 2.30pm

Open Classrooms 8.35am – 8.55am

Leadership Coffee Morning 9am – 10am

Y5 Parent Talk in Rowan Class– Relationships and Sex Education 3.20pm

Cherry Class Worship at 9am

Pupil Parliament Trip

Safer Internet Day

House Cross Country (more information to follow)

Sycamore Class Worship at 9am

Last day of Spring 1

FoLPS Update

Bingo Night

We're down to the last few tickets for the FIRST EVER FOLPS Bingo Night – you won't want to miss this! Hop over to [this link](#) to grab your spot before it's too late!

Join us at the Wheatsheaf Function Room on January 31st at 7:30pm (games start at 8pm) for an unforgettable night. We'll have the perfect mix of serious 'eyes down' bingo action and fun and light-hearted rounds. It's guaranteed to be an amazing evening full of laughs & prizes.

🕒 1st prize in every game - a fab cash prize!

🕒 2nd & 3rd prizes - pick one of our other awesome prizes!

🍷 The Wheatsheaf will be treating us to yummy nibbles (all included in your ticket), and the bar will be open to buy your drinks!

Don't wait – bring your friends, get your tickets and let's make this bingo night one to remember!

Valentine's Day and Mothering Sunday cards

The **school shop** now has a selection of Valentine's Day and Mothering Sunday cards priced at 50p each! Come and buy yours before they all go!

Kind regards
Rich and Clara
Joint Chair of FoLPS PTA





Don't Let the Bed Bugs Bite: What Adults Need to Know About Children's Sleep

When: Wednesday 5th February 2025 at 1pm

Duration: Approximately 60 minutes



Are you tired of hearing conflicting advice about your child's sleep? You might also be tired because your children and sleep don't mix well and you are not sure what to do. Whatever the reason, join us for our next webinar designed to clear up the confusions around children and sleep. We'll tackle the most common myths surrounding children's sleep habits and provide evidence-based insights to help your little ones get the rest they need. Specifically, we will look at:

- How sleep works
- Children's sleep needs
- Independent settling, night-time waking and early rising
- Lifestyle factors and "big feelings" that can cause bed/night-time issues
- The impact of the most common SEND on sleep

Led by Marijana Filipovic-Carter, Move-More's Head of Family support, this webinar will provide insights and actionable tips for parents and caregivers.

How do you sign up for the online session?

To register for this online session, please follow this link

<https://www.move-more.org/events/bedtime/>

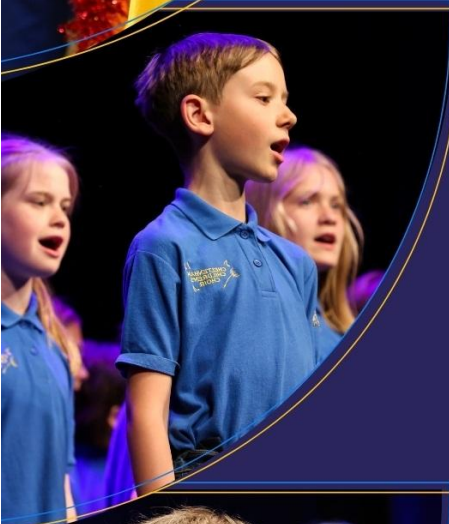
It will take you to our website where you will be asked to answer a few simple questions. We would encourage you to register even though you might not be able to attend the session live, as all registered participants will receive a recording of the session to watch in their own time.

I've signed up: what happens next?

Once you complete our short registration form, you will be registered for the online session. You will automatically receive an invitation for the zoom session. If you don't hear from us by the 4th of February, don't hesitate to contact Marijana on marijana@move-more.org. Please make sure you check your junk/spam folders.

BOOK THE WEBINAR NOW





Cheltenham Children's Choir

A welcoming, inclusive, musical community

Sign up on our website...

www.cheltenhamchildrenschoir.co.uk

Little Lyrics, aged 5-8

9am - 9:45am, Saturday,
St James Primary School

**AGED
5-18**

Vocalise, aged 8-11

10am - 11am, Saturday,
St James Primary School

Harmonise Youth Choir, aged 11-18

11:15am - 12:15pm, Saturday,
St James Primary School



  @cheltchildrenschoir

e: admin@cheltenhamchildrenschoir.co.uk



Runners Needed

Every Cloud Play & Creative Arts Therapy CIC would like to enter a team of runners into the Cheltenham Half and 10K to raise funds and awareness for childrens mental health in Cheltenham.

Support with fundraising,

Option to dress up

Be a Superhero for a local not for profit organisation

For more information:



07508 456372

admin@everycloudtherapy.org.uk





Spring Flower Cards

Wed. 19th & Thu. 20th February.
10am - 12pm, £1 per child.

Old Baptist Chapel, Tewkesbury
www.johnmooremuseum.org

THE JOHN MOORE MUSEUM
NATURAL HISTORY | HERITAGE | LIVING VOICES



**The
ROCK**
Transforming Lives

Charity 1190651

FLOW

lifeadventure

**FRI 7 FEB & 21 MAR
7-9 PM**

St Peter's Church, Tewkesbury Rd, GL51 9AH

Parental consent & sign up
therock/myclubhouse.co.uk



All young people
welcome
(School Year 6 and
above)
£1/ session

Flow is a fun mix of games, food, big questions and reflective zones
Flow is run by The Rock in partnership with local churches.

☎ 01242 700700

e andy@therock.uk.com

f [therockcheltenham](https://www.facebook.com/therockcheltenham)

📷 [therockchelt](https://www.instagram.com/therockchelt)

**INSPIRED BY THE CHRISTIAN FAITH,
OPEN TO ALL**

The Rock is committed to safeguarding young people.
All Rock Team are subject to DBS checks